



MOUNTAIN
LODGES
Peru

SACRED VALLEY & LARES ADVENTURE TO MACHU PICCHU

an adventure for everybody





The Sacred Valley & Lares Adventure to Machu Picchu offers the perfect combination of adventure travel and cultural immersion.

Daily expeditions will lead you along seldom-traveled highland trails surrounded by exquisite snow-capped peaks, past roving herds of llamas and alpacas, around impossibly hued turquoise lakes, and through graceful waterfalls. Your destinations will include fascinating archaeological sites, thought-provoking agricultural and commercial Andean cooperatives, and bustling towns and markets showcasing the flavors of the region as well as the wares of its skilled artisans.

Most importantly, you will travel to hidden communities unchanged for centuries for a unique up-close visit with local people.

Expert guides tailor the experience with an offer of à la carte activities and daily cultural encounters. At each day's sunset, settle into deluxe mountain lodges run in partnership with local communities, to prepare for a new day of multi-activity adventure and exploration.



ESSENTIAL
Treasures
OF THE INCAS

**5 DAY
ADVENTURE**



DEEP IMMERSION
into ancient
CULTURES

**7 DAY
ADVENTURE**

ITINERARIES

ESSENTIAL TREASURES OF THE INCAS

5 day adventure

Day 01

Exploring Pisaq

Day 02

Inca sites and villages

Day 03

Among authentic Inca Trails

Day 04

Discovering Ollantaytambo

Day 05

Machu Picchu The Sanctuary

DEEP IMMERSION INTO ANCIENT CULTURES

7 day adventure

Day 01

Treasures of the Sacred Valley

Day 02

Exploring Pisaq

Day 03

Inca sites and villages

Day 04

Delve into Huacahuasi

Day 05

Among authentic Inca Trails

Day 06

Discovering Ollantaytambo

Day 07

Machu Picchu The Sanctuary

Only available on the 7-day adventure

Only available on the 7-day adventure

MAP / ROUTE



MAP / ROUTE

Sacred Valley & Lares Adventure To Machu Picchu

Legend

- For 5 and 7 day adventure
- Only for 7 day adventure
- Hike
- Bike
- Train
- Urubamba River



Sacred valley of the incas

TREASURES OF THE SACRED VALLEY

**Only available on the 7-day adventure*

Your adventure begins with an exploration of the beautiful archaeological site of Chinchero, where colonial buildings rest atop Inca foundations. Enjoy a marvelous hike through authentic Inca trails from Chinchero to the town of Urquillos.



Sacred valley of the incas

**TREASURES OF THE
SACRED VALLEY**

**Only available on the 7-day adventure*

Go back in time and study the natural salt mines of Maras and the astonishing circular terraces of Moray.



Sacred valley of the incas

TREASURES OF THE SACRED VALLEY

at a glance



Time to enjoy



Endless horizons



Lamay Lodge

GROUP ACTIVITY

In the morning the whole group visits the archaeological site of Chinchero.

ACTIVITY MENU

Morning to noon

CULTURAL ACTIVITY

Guided tour of the archaeological site of Chinchero, Moray Inca agricultural site and the salt mines of Maras.

HIKE

Σ Chinchero to Urquillos

🕒 Approximately 3 hrs.

🧭 Easy to moderate

OVERNIGHT

Lamay Lodge (el. 2,958m. - 9,705ft.), located in the town of Lamay, in the Sacred Valley of the Incas.

Sacred valley of the incas
EXPLORING PISAQ

Start the trip with a morning visit to the famous market of PISAQ. Its unique array of products will inspire you with a taste of rich Andean culture.



Sacred valley of the incas
EXPLORING PISAQ

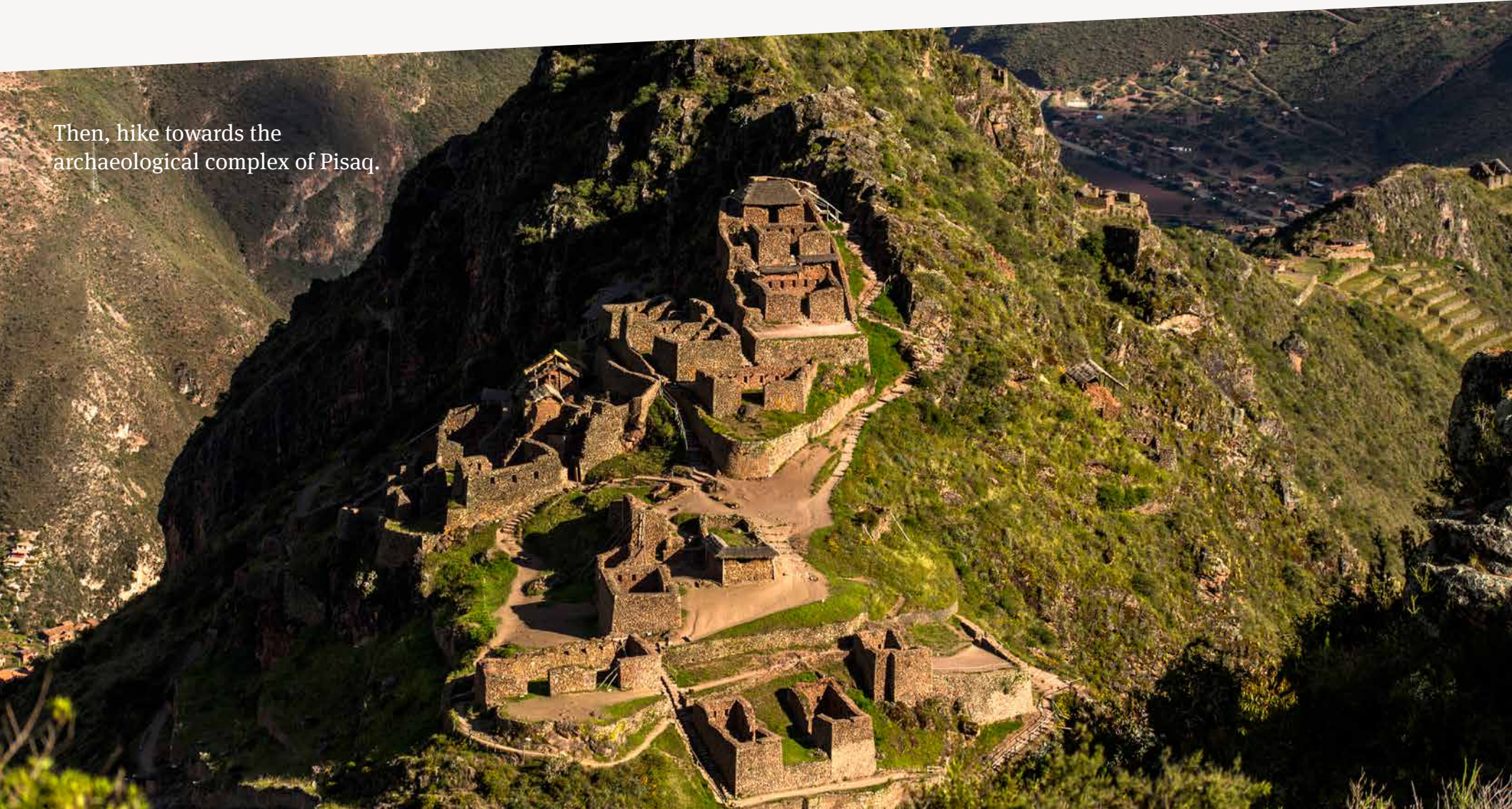
As an alternative, travelers can opt for an invigorating morning hike surrounded by amazing views. Afterwards, at the isolated community of Viacha, learn about artisanal potato farming practices and enjoy a traditional meal called “Pachamanca”.



Sacred valley of the incas

EXPLORING PISAQ

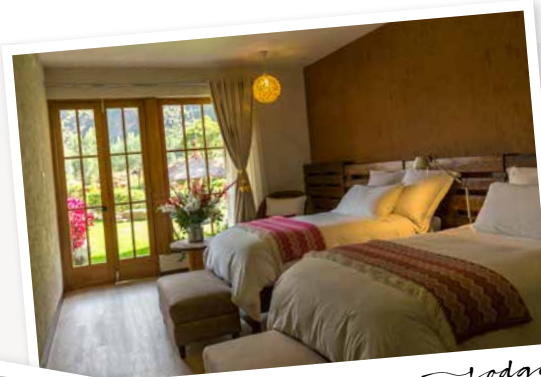
Then, hike towards the
archaeological complex of Písac.



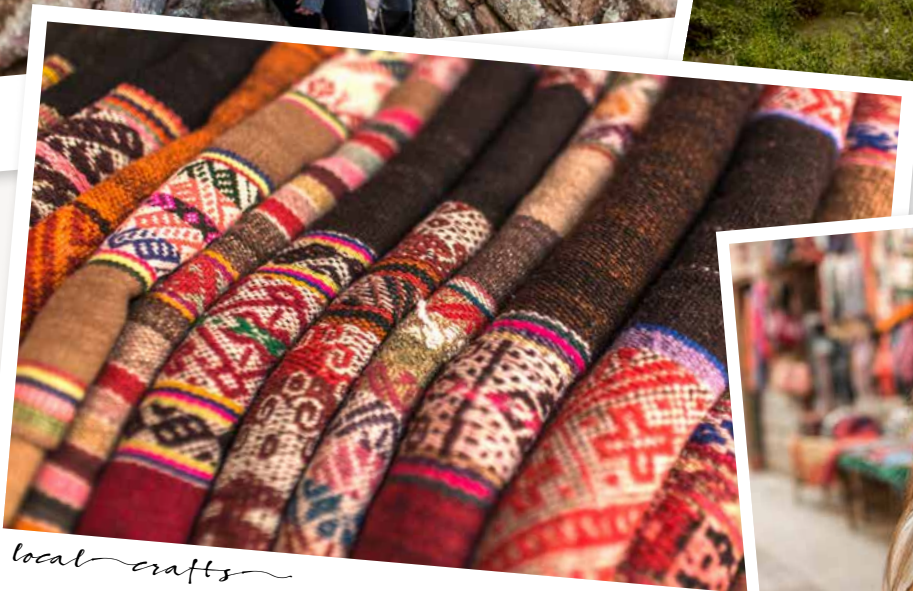
Sacred valley of the incas

EXPLORING PISAQ

at a glance



Lamay lodge



local crafts



traditional food

ACTIVITY MENU

Morning to noon

CULTURAL ACTIVITY

Visit the town of Písaq and local market, and experience an encounter with members of the local community of Viacha.

BIKE EXCURSION

Bike along the Urubamba river from Lamay to Písaq Town / Duration 2-3 hrs. / Easy to moderate.

HIKE

From the local community of Amaru to the local community of Viacha

Approximately 3 hrs.

Moderate

Mountain pass at an elevation of 4,328m. - 14,200ft.

GROUP ACTIVITY

Group lunch in the local community of Viacha. In the afternoon, the whole group visits the archaeological site of Písaq, before heading back to the lodge.

OVERNIGHT

Lamay Lodge (el. 2,958m. - 9,705ft.), located in the town of Lamay, in the Sacred Valley of the Incas.

Note: The bike excursion is only available on the 7-day adventure. The 5-day adventure includes an early morning visit to Awanakancha, an Andean camelid exhibition and traditional weaving center.



adventure **IS THE WAY FORWARD**

Lares Valley

INCA SITES AND VILLAGES

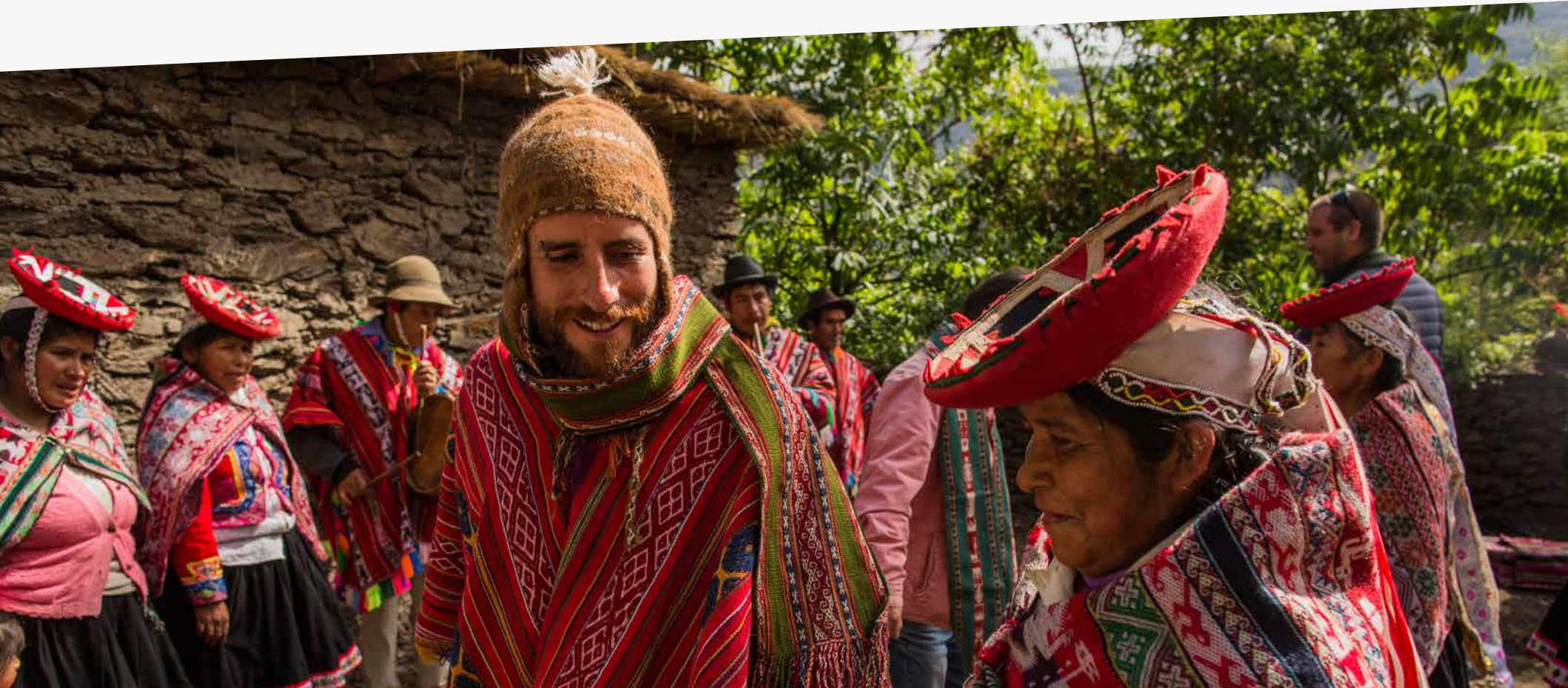
On this day you will go even deeper through an exploration into the heart of the Andes: the Lares Valley. Visit the truly unique archaeological site of Ancasmarca along the hub-town of Lares, a site not often visited by tourists and so allows for an intimate experience.



Lares Valley

INCA SITES AND VILLAGES

Visit the ancient weavers' village of Choquecancha or opt for a hike amidst turquoise blue lakes to the village of Huacahuasi.



Lares Valley

INCA SITES AND VILLAGES

at a glance



Authentic encounters



gourmet dinner



Community of Choquecancha

GROUP ACTIVITY

Morning to noon

In the morning, briefly explore the town of Lamay and visit the archaeological site of Ancasmara.

ACTIVITY MENU

CULTURAL ACTIVITY

Visit the town of Choquecancha, meet with local weavers and experience an encounter with members of community.

HIKE 1

From Quelquena to Huacahuasi

Approximately 2.5 hrs.

Easy to moderate

Mountain pass at an elevation of 3,839 m. - 12,595ft.

HIKE 2

From Cuncani to Huacahuasi

Approximately 4 hrs

Moderate

Mountain pass at an elevation of 4,219m. - 13,838ft.

OVERNIGHT

Huacahuasi Lodge (el. 3,835m. - 12,585ft.), located in the local community of Huacahuasi, in the Lares Region.

Note: Guests that opt for the cultural activity will have lunch at the local community of Choquecancha. Guests that opt for the hikes will have lunch en route.

Lares Valley

DELVE INTO HUACAHUASI

**Only available on the 7-day adventure*

Go for an early walk within the village of Huacahuasi and learn more about its heritage and daily activities, with a possible visit to a farmer's home. Then take a Peruvian food cooking class and test your skills with the rest of the group.



Lares Valley

DELVE INTO HUACAHUASI

**Only available on the 7-day adventure*

For those who want to go deeper into the remoteness of the mountains, challenge yourself with an all-day hike from the community of Quiswarani onto the “Trail of 1,000 Lakes”.



Lares Valley

DELVE INTO HUACAHUASI

at a glance



sweet local flavors



Cooking class



Huacahuasi lodge

ACTIVITY MENU

All day

CULTURAL ACTIVITY

Explore the village, meet local weavers and participate in a cooking class.

HIKE 1

Visit to the community of Huacahuasi and walk to nearby waterfall

Approximately 2 hrs.

Easy

HIKE 2

From Quiswarani to Quelquena

Approximately 7 hrs.

Challenging

Mountain pass at an elevation of 4,421m. - 14,505ft.

OVERNIGHT

Huacahuasi Lodge (el. 3,835m. - 12,585ft.), located in the local community of Huacahuasi, in the Lares Region.

The Patacancha and Sacred Valley of the Incas

AMONG AUTHENTIC INCA TRAILS

After a morning drive to Huilloc in the Patacancha Valley, spend time touring and tasting ceviche at a local trout farm. Continue on to Marcacocha, a community of shepherders, and participate in a ceremony to honor the Apus for the good health of their flock. For a more active experience, choose a hike from Huilloc to Pumamarca, where everyone reunites to tour the archaeological site.



The Patacancha and Sacred Valley of the Incas

AMONG AUTHENTIC INCA TRAILS

After lunch, hike from Pumamarca to Ollantaytambo visiting the amazing agricultural terraces along the valley. In a softer activity, explore Ollantaytambo's maze-like streets, and all the magic of this ancient living town.

The afternoon ends with an optional visit to an artisan beer brewery followed by dinner and overnight stay in the Sacred Valley.



**The Patacancha and Sacred Valley of the Incas
AMONG AUTHENTIC INCA TRAILS**

at a glance



Perfect end



Craft beers

ACTIVITY MENU

All day

CULTURAL ACTIVITY

Visit the trout farm at Huilloc and share a unique Andean Ceremony for the sheep, explore the farming terraces on the way to Ollantaytambo town, where you will find a living Inca stone town.

HIKE 1

In the morning

Σ From Huilloc to Pumamarca, stopping by the Ayar Orco Inca Cemetery

🕒 Approximately 3 hours

🚶 Moderate

GROUP ACTIVITY

Visit the archaeological site of Pumamarca

HIKE 2

In the afternoon

Σ From Pumamarca to Ollantaytambo

🕒 Approximately 3 hours

🚶 Moderate

OPTIONAL

Enjoy a visit to an artisanal brewery (This activity has an additional cost).

OVERNIGHT

Hotel in the Sacred Valley of the Incas (el. 2,830m. - 9,284ft.)

Sacred Valley of the Incas

DISCOVERING OLLANTAYTAMBO

On this day, an optional short morning hike to Inca storage structures high above Ollantaytambo will give you a magnificent view of the town, as well as of the main archaeological sites across the valley.



Sacred Valley of the Incas

DISCOVERING OLLANTAYTAMBO

Then, your guide will lead you through the ancient temple and by noon you will embark on a scenic train ride to Aguas Calientes, the town below Machu Picchu.



Sacred Valley of the Incas

DISCOVERING OLLANTAYTAMBO

at a glance



Breathtaking



Pinkuylluna

ACTIVITY MENU

early morning, before the group activity

HIKE 1

Lower Pinkuylluna mountain above Ollantaytambo

Approximately 1.5 hrs.

Moderate

HIKE 2

Higher Pinkuylluna mountain above Ollantaytambo

Approximately 2.5 hrs.

Moderate to challenging

GROUP ACTIVITY

After the optional early morning activities, explore the archeological site of Ollantaytambo, before boarding the train to the town of Machu Picchu (Aguas Calientes).

OVERNIGHT

Hotel in Aguas Calientes town (el. 1,900m. - 6,232ft.), located in the base town of Machu Picchu.

A vibrant field of tall, purple and green plants, possibly quinoa, stretches across the foreground. In the background, rugged mountains rise under a bright blue sky filled with fluffy white clouds. The scene is bathed in natural light, creating a sense of depth and tranquility.

**ONE'S DESTINATION IS
NEVER A PLACE, BUT A
new way
OF SEEING THINGS**

- Henry Miller

Machu Picchu

THE SANCTUARY

At dawn, you begin your journey to Machu Picchu. As you enter the “Sanctuary”, the morning sun rises over the iconic Sun Gate and washes the structures and terraces with resplendent light. Prepare to be awed by the imposing and skillful architecture. Take a moment to quietly sit and listen to the wind... Your imagination will soar as you contemplate the history of Machu Picchu and its mysterious origins.



Machu Picchu

THE SANCTUARY

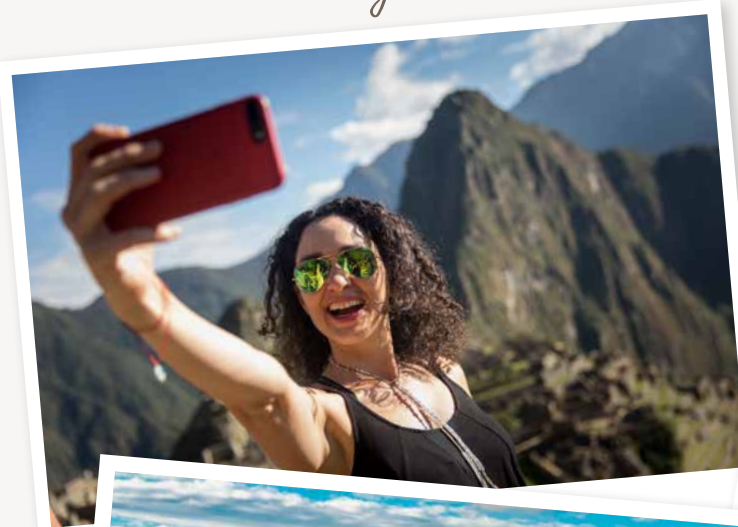
Some may even choose to hike the iconic towering mountain of Huayna Picchu. During your visit you will be touched by a feeling of peace and rejuvenation that will likely last until you get back to the city of Cusco.



Machu Picchu

THE SANCTUARY

at a glance



an awesome view



Magnificent Cusco



time to relax

GROUP ACTIVITY

Early in the morning visit the Inca citadel of Machu Picchu.

ACTIVITY MENU

Late morning, after the group activity

CULTURAL ACTIVITY

Free time to explore the Inca citadel of Machu Picchu (el. 2,400m. - 7,872ft.)

HIKE

Guided hike of Huayna Picchu mountain

Approximately 2.5 hrs.

Moderate to challenging

Mountain pass at an elevation of 2,720m. - 8924ft.

Note: Huayna Picchu mountain tickets are subject to availability.

THE LODGES

Our mountain lodges have brought together traditional Inca building techniques and sensitivity to the surrounding environment with all the comforts of home. At the end of each day, you will enjoy hot showers, fine gourmet meals, select wines, goose-down bedding, massages, outdoor jacuzzis and highly personalized service from our local staff.



ADDITIONAL SERVICES



Spend an Extra Day in Machu Picchu

Even though you have enough time to see the core of Machu Picchu Sanctuary during the regular guided tour, most of our guests realize that they would have liked to stay a little longer since there is so much to explore! Let us know at time of reservation if you would like to add this optional day.

By spending an extra day at Machu Picchu, you will be able to:

- Make the best of your time visiting a World Heritage Site situated on a spectacular mountain ridge.
- Explore areas of the site that are less visited by most travelers, such as climbing Machu Picchu Mountain (special permit to be purchased in advance) or hiking to the Inca Bridge or the Sun Gate.
- Visit the town of Aguas Calientes and shop the local craft markets.
- Treat yourself to a relaxing end to your vacation and fulfill the hospitality of the unique Inkaterra Pueblo Hotel.

Prices:

Cost of the one-day extension at Machu Picchu:	US\$ 410 per person based on shared accommodation.
Single room rate:	US\$ 555
Extra bed:	US\$ 315

Note: Prices subject to change.

Includes:

One additional night at the Inkaterra Pueblo Hotel with dinner on day 7, breakfast and lunch on day 8, bus tickets to/from the site, entrance tickets to the Sanctuary, and transfer back to Cusco from Ollantaytambo (train ticket is included in your program

cost). This extension cost does not include a guided visit of the Sanctuary or a climbing permit for Machu Picchu mountain. Both can be provided at additional cost. Please inquire with your Travel Specialist for additional information.

ADDITIONAL SERVICES

We are happy to take care of your hotel reservations, transfers and can set up personalized tours during your stay in Peru. Our team is highly focused on customer service and attention to detail. Our goal is to design superb travel experiences and create wonderful memories for our guests.

El Mercado



El Retablo



Cusco

Enjoy exploring the vibrant city of Cusco and its surroundings, which offer many great cultural and historical attractions, along with a variety of fine dining, traditional shows, and bargain shopping. Spending time in Cusco is the perfect starting point to acclimatize and gain initial perspective on local history and culture.

Where to stay in Cusco

Mountain Lodges of Peru welcomes you to El Mercado and El Retablo, two boutique hotels in the city of Cusco.

El Mercado

An elegant and intimate property located a stone's throw from the Plaza de Armas, the main square of Cusco. Formerly part of the

old farmers' market, El Mercado has been designed to incorporate some of the elements of the market, both in its original decor, relaxed atmosphere and innovative cuisine. With only 32 rooms, provides the best of colonial and contemporary architecture, all the latest comforts and truly exceptional service. For more information visit: www.elmercadosusco.com

El Retablo

A two story 17 room art boutique B&B that celebrates vibrant Peruvian traditions and rich cultural heritage of Cusco. Mountain Lodges of Peru resurrected and converted the historic building into a stylish destination three blocks from Plaza de Armas. The innovative yet intimate El Retablo blends contemporary comfort with customs of

Peruvian artisans, taking inspiration from retablos, which are a sophisticated form of Andean folk art with three-dimensional figurines in vibrantly colored portable boxes. For more information visit: www.elretablo.com

Lima

Historically referred to as the "City of Kings", Lima still holds its essence as a historic and bustling capital one needs to visit. Spend some time at the Plaza Mayor, and experience the change of guard at the Presidential Palace, or maybe the tour of the catacombs of San Francisco Convent. Take in the sunset while you stroll on the boardwalk in the Miraflores district, heading towards the historical Barranco district, filled with artisan boutiques

and local flavor. If you were wondering about what and where to eat, Lima is now considered the gastronomical capital of South America, so great cuisine, from street vendors to fine dining, can be found in every corner.

Extension Packages

Do you feel like exploring more of Peru? Maybe explore the colorful island communities of Lake Titicaca (the highest navigable lake in the world), or adventure into the rich wilderness of the Peruvian Amazon jungle, or visit Colca Canyon, with its incredible depths, Inca terraces, and soaring condors. There is plenty to do so please let us know if you would be interested in receiving any suggestions.

GUIDES

Our guides are among the best in Peru (some even having won international awards) and have on average at least 15 years of experience guiding in the mountains, not only in Peru, but around the world. Many of them are considered pioneers in this area, having scouted many of the current routes in the country. All Mountain Lodges of Peru guides have excellent language skills, and are highly trained in managing group dynamics. All guides undergo continuous medical and rescue training, with a certification in “Wilderness First Aid.” You will appreciate their knowledge of history and cultural traditions, as well as their interpretation of local flora and fauna, and their great insights (and stories!) that go far beyond any guide or history book.



GIVING BACK



In 2006 Mountain Lodges of Peru sponsored the creation of Yanapana Peru, a not-for-profit Civil Association dedicated to social and environmental responsibility. Yanapana is committed to improving the quality of life through sustainable community development, in an effort to reduce extreme poverty in the Andean highlands.

Main activities of the association include donations for the enhancement of

nutrition and infrastructure at a local public school, funding and training for local entrepreneurs, which include jam and honey, handmade textiles and organic coffee production. Other supportive efforts are directed towards child sponsorship programs, as well as medical prevention, detection and treatment programs.

In our own journey through sustainability, we realized that it

was necessary to take steps beyond what was traditionally being done in social inclusion, which is why in 2012, a joint-venture was born between the community of Huacahuasi and Mountain Lodges of Peru, naming it Kuska Purispa: Walking Together.

We are convinced that sustainable tourism in the region should be built around a model that empowers local communities, making them active

investors in local development projects for the long-term benefit of all. We are committed to work under this innovative business model and keep empowering and generating added value to local communities in Peru.

2019 RATES & INCLUSIONS

5 DAYS / 4 NIGHTS	MARCH 1 - 31, NOVEMBER 1 - DECEMBER 14	US\$ 1,899
	APRIL 1 - OCTOBER 31, DECEMBER 15 - 31	US\$ 2,500
7 DAYS / 6 NIGHTS	MARCH 1 - 31, NOVEMBER 1 - DECEMBER 14	US\$ 2,299
	APRIL 1 - OCTOBER 31, DECEMBER 15 - 31	US\$ 3,300

Included	Notes
<ul style="list-style-type: none"> Accommodations. All meals (except breakfast on the first day and dinner on the last day). Transfer services. Guided tours during the whole trip. Daily à-la-carte activities (except those that specify an additional cost). Entrance fees and permits to touristic and archeological sites. Tips for staff at the Lodges and staff in the field are included (except Guide tips, it is suggested US\$ 5 - 10 per day). 	<ul style="list-style-type: none"> Rates per person, based on shared accommodations in a twin, double or triple room. Requested single room: 25% supplement of the rate per person rates above. Single willing to share: 10% supplement of the person rates. Children under 12 years old will be granted a 50% discount of the social rate depending on the program, when sharing the room with the parent (Maximum two children per room). Children from 13 to 16 years old will be granted a 25% discount of the social rate depending on the program, when sharing the room with the parent (Maximum two children per room).
	<ul style="list-style-type: none"> Private services, additional services and specialty guides are available upon request at an additional cost. Standard languages are Spanish and English. For other languages please contact your Travel Specialist. Daily activities menu will be subject to factors such as weather and other events beyond our control. For season rates other than 2019, please inquire with your Travel Specialist. We kindly request that every guest presents valid proof of insurance coverage as a minimum for Medical Emergency Treatment and Evacuation. Make sure that the insurance policy includes Adventure Travel Activities or similar coverage.

“EXPORT SERVICES (DL NO. 919) Regarding the General Tax Sales (IGV). Peruvian Law considers accommodation to non-resident guests as an export service. In order to be exempted and as a requirement, all non-resident guests must show upon check in their original passport and Andean Immigration card, provided at your arrival to the country and with no more than 60 days after your arrival date indicated at the immigration card.”



**MOUNTAIN
LODGES**
Peru

embrace life, encounter adventure



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